

Why You Need a Power of Attorney (POA) for Personal Care

1. A POA for personal care permits you to choose who will make decisions for you respecting your health care if you cannot do so yourself.
2. A POA for personal care permits you to decide, while you have the capacity, which medical treatments you would like or do not want when you are near death.
3. A POA for personal care permits you to be creative in that you can decide where you would like to live when you are not able to live on your own.
4. Most senior residences, long-term care facilities and hospitals require such a document so that they can determine who can give them instructions for your care.